

Elder care Training Programme (2nd May -30th May 2014)

Jointly conducted by the Central Province Health Secretariat and the Post graduate School of Medical Sciences , University of Peradeniya

Resource Panel

Name	Acronym
Prof Chandrika Jayasinghe	CJ
Dr Udaya Ralapanawa	UR
Prof Indika Gawarammana	IBG
Dr Udaya Pethiyagoda	UP
Dr Rasika Kotakadeniya	RK
Dr Manoji Pathirage	MP
Dr Eranthi Samarakone	ES
Dr Thilak Jayalath	TJ
Dr Arjuna Medagama	AM
Prof S A M Kularatne	SAMK
Dr Sanjeewani Fonseka	SF
Prof Ananda Jayasinghe	AJ
Dr Ranjan Fernando	RF
Dr Saman Senanayaka	SS
Dr Devasmika Ariyasinghe	DA

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From 2nd may 2014- 30th may 2014

Time Schedule

2nd May - 1st Day

8.45 am – 9.00am	Inauguration
9.00am – 11.00am	Introduction to the elder care programme, Introduction to geriatric medicine & geriatric assessment – (CJ)
11.15am – 11.30pm	Tea break-
11.30am - 1.30pm	A patient with chest pain/Shortness of breath- (UR)
1.30pm – 2.00pm	Lunch break-
2.00pm – 3.00pm	Haematemesis/Epistaxis- (IBG)
3.00 pm- 4pm	A patient presenting with suspected poisoning- (IBG)
4.00pm – 4.15pm	Tea break

9th May –Day 2

8.45 am – 9.00am	Review of day one
9.00am – 11.00am	Urological problems in elderly – (UP)
11.15am – 11.30pm	Tea break
11.30am - 12.30pm	Elderly and bowels- (RK)
12.30pm – 1.00pm	Lunch break
1.00pm – 2.00pm	A patient with elevated liver functions/chronic liver disease (IBG)
2.00pm – 3.00 pm	A patient with Weakness of limbs /loss of consciousness (MP)
3.00pm – 3.15pm	tea time
3.15pm – 4.15pm	8 th lecture- Long term management of strokes- (MP)
4.15pm	End of the Programme

16th May -3rd day

8.45 am – 9.00am	Review of day 2
9.00am – 11.00am	Gynaecological problems in elderly-(ES)
11.15am – 11.30pm	Tea break-
11.30am - 12.30pm	Ankle swelling/ Body swelling- (TJ)
12.30-1.30pm	A patient with chronic renal failure-(TJ)
1.30pm – 2.00pm	Lunch break-
2.00pm – 3.00pm	Diabetic emergencies -(AM)
3.00-4pm	Long term management of diabetes (AM)
4.00pm – 4.15pm	Tea break

23rd May –Day 4

8.45 am – 9.00am	Review of day one
9.00am – 10.00am	A patient with fever- (SAMK)
10.00-11.00 am	A patient with snake bite/insect bite/animal bite (SAMK)
11.15am – 11.30pm	Tea break
11.30am - 12.30pm	A patient with headache/neuro degenerative disease (MP)
12.30pm – 1.00pm	Lunch break
1.00pm – 2.00pm	Psychological problems of elderly and an elder with dementia (DA)
2.00pm – 3.00 pm	uncontrolled hypertension- (UR)
3.00pm – 3.15pm	tea time
3.15pm – 4.15pm	Long term management of ischemic heart disease- (UR)

30th May –Day 5

8.45 am – 9.00am	Review of day 4
9.00am – 10.00am	Common skin problems (SF)
10.00-11.00 am	Using ophthalmoscope/Common eye problems in elderly /Emergencies in ophthalmology/when to refer (SS)
11.15am – 11.30pm	Tea break
11.30am - 12.30pm	ENT emergencies/common problems in elderly/when to refer (RF)
12.30pm – 1.00pm	Lunch break
1.00pm – 2.00pm	Backache , aches and pains, joint pains, joint swelling- (CJ)
2.00pm – 3.00 pm	Retardation of ageing process, Promotion to active ageing early in life (AJ)
3.00pm – 3.15pm	tea time
3.15pm – 4.15pm	Communication and understanding of elders Training of elders to accept ageing , How to be ready for inevitable, when to limit interventions and concluding remarks (CJ)
4.15pm	End of the Programme

END