

# CURRICULUM VITAE

## PERSONAL DETAILS

---

Full Name: Andra Hennadige Heshan Malinga Jayaweera

Date of Birth: 23<sup>rd</sup> July 1971

Nationality: Sri Lankan

Sex: Male

Marital Status: Married

Current Designation: Head – Department of Paediatrics  
Professor in Paediatrics  
University of Peradeniya and  
Consultant Paediatrician, University Teaching Hospital,  
Peradeniya

Official Address: Department of Paediatrics,  
Faculty of Medicine,  
University of Peradeniya,  
Peradeniya,  
Sri Lanka

E-mail: [heshanjay@gmail.com](mailto:heshanjay@gmail.com)

Personal Statement: I have been Board Certified as a Consultant Paediatrician since 2011 and have served the Department of Paediatrics University of Peradeniya since 2008. As a Paediatrician with an interest in Neonatology, Nutrition and Renal Disorders I have provided clinical services to the Peradeniya Teaching hospital for the past 10 years. I have a passion for teaching and facilitate learning for final year undergraduates and postgraduate trainees in Paediatrics. I have contributed to national bodies over the past few years and still continue to do so with a view of uplifting the health of the children of our country. I am hard working, resilient and a good team player. My communication skills have proven an asset in dealing with patients, colleagues and trainees.

Current Employment: Currently I serve as the Head of Department of Paediatrics Faculty of Medicine and am responsible for organizing and coordinating the undergraduate and postgraduate teaching programmes and also organizing and conducting final year examinations. I have to also ensure efficient functioning of the administrative framework of the department.

As Head of Department I also supervise and offer my services to the Professorial Paediatric Unit at the Teaching Hospital Peradeniya and the Sirimavo Bandaranaike Specialized Children's Hospital in the capacity of a Consultant Paediatrician and also contribute to the hospital administration.

Both hospitals that I serve in are tertiary referral centers and as such has given me a wide clinical exposure. Over the last 10 years which I have served I have conducted neonatal clinic and a general Paediatric clinic seeing and managing approximately 70 and 40 patients respectively on a weekly basis. A sizable proportion of these patients have issues related to growth and nutrition. These clinics form the ideal platform to teach management of problems related to growth and nutrition in the outpatient setting to both undergraduates and postgraduates and also to improve the outcomes of the neonates.

As the Secretary of the Board of Study in Paediatrics of the Post Graduate Institute of Medicine, I coordinate the post graduate training in Paediatrics and ensure smooth functioning of the training and examinations.

## **EDUCATION**

---

Primary & Secondary:	Trinity College Kandy, Sri Lanka 1977-1991
Undergraduate:	Faculty of Medicine University of Peradeniya, Sri Lanka 1994 - 1999
Postgraduate:	The Postgraduate Institute of Medicine University of Colombo, Sri Lanka

## **PROFESSIONAL QUALIFICATIONS**

---

***Bachelor of Medicine, Bachelor of Surgery (MBBS) - 1999***  
2<sup>nd</sup> class honors

***Diploma in Child Health (DCH) - 2007***  
University of Colombo

***Doctorate in Medicine (MD Paediatrics) - 2008***  
University of Colombo

***Member of the Royal College of Paediatrics and Child Health (MRCPCH) – 2013***

## Qualifications Cont.

Completed *Postgraduate Programme in Paediatric Nutrition* offered by the Boston University School of Medicine -2014

Completed *International Programme on Preterm Nutrition* offered by the University of Western Australia -2017

Completed *Early Nutritional Specialist* offered by Ludwig-Maximilians-Universitat Munchen -2018

## PREVIOUS POSITIONS HELD

---

01.09.10 - 01.04.2016	<b>Senior Lecturer Grade 2 / Consultant Paediatrician</b>
01.08.09 - 31.08.2010	<b>Specialty Registrar (Under the IPTS scheme)</b> Queen Elizabeth Hospital, Kings Lynn United Kingdom QEH was a busy DGH where I trained during my overseas training. It was a novel experience to work for the NHS and to understand how it differs for the local system. My training gave me a vast experience in child protection and adolescent care. It helped me to improve my communication skills and laid the platform for me to secure my membership with the Royal College of Paediatrics and Child Health.
10.03.08 - 30.07.2009	<b>Senior Registrar in Paediatrics</b> Teaching Hospital, Peradeniya
16.02.07 - 09.03.2008	<b>Registrar in Paediatrics</b> Teaching Hospital, Peradeniya.
01.01.06 – 15.02.2007	<b>Registrar in Paediatrics</b> Lady Ridgeway Hospital for Children (Teaching) Colombo 8  The LRH is the largest Children's Hospital in Asia which gave me an opportunity to see and manage many complicated patients and also exposed me to some of the very diseases encountered in Paediatrics.
01.01.2005 – 31.12.2005	<b>Registrar in Paediatrics</b> University Teaching Hospital Peradeniya
01.01.2004 – 31.12.2004	<b>Registrar in Paediatrics</b> General Hospital Ratnapura
01.04.2001 – 31.12.2003	<b>SHO Paediatrics</b> University Teaching Hospital Peradeniya
01.09.2000 – 31.03.2001	<b>Intern Medical officer in Paediatrics</b>
01.04.2000 – 30.09.2000	<b>Intern Medical Officer in Obstetrics</b>

## **TEACHING EXPERIENCE**

---

As a senior lecturer, my teaching responsibilities include conducting formal lectures for the third, fourth and final year undergraduates. I have served the department for 11 years. My areas for lectures include neonatology, growth, endocrine disorders and CNS disorders. I also provide my services as a visiting lecturer to the Faculty of Allied Health Sciences and deliver formal lectures for undergraduate nurses and physiotherapists.

Formal ward classes & bed side teaching for final year undergraduates of University of Peradeniya Are conducted by me on a weekly basis I also take ward classes & case discussions for postgraduate trainees in Paediatrics, Emergency medicine and Nutrition regularly.

I have played an active role in organizing the clinical component of the final year undergraduate examination in Paediatrics in years 2005-2019 and has been the Chief examiner in last 2 clinical exams held in 2019. I have also served as the exam coordinator for the Diploma in Child Health and MD Paediatrics Part 2 examination.

I have served as a postgraduate examiner for the Postgraduate Diploma in Child Health and the MD Paediatrics examination conducted by the Post Graduate Institute of Medicine in Sri Lanka from 2017 onwards.

## **MEMBERSHIPS AND AFFILIATIONS**

---

Member of the Sri Lanka College of Paediatricians since 2009

Member of the Kandy Society of Medicine since 2012

Member of the Royal College of Paediatrics and Child Health since 2013

Member of the Peradeniya Medical School Alumni Association since 2012

Member of the Board of Study in Paediatrics since 2018

Member of the Senate University of Peradeniya since 2019

External clinical examiner in Paediatrics for Universities of Rajarata, Ruhuna, Jaffna, Kelaniya, Sri Jayawardenapura and Colombo since 2012

Visiting Lecturer Faculty of Allied Health Sciences, University of Peradeniya in 2017 - 2019

Visiting Lecturer Faculty of Allied Medicine and Allied Sciences, University of Rajarata in 2012

Post graduate examiner for the Post Graduate Institute of Medicine, University of Colombo since 2017

## **POSITIONS**

---

Secretary of Board of Study in Paediatrics of the Post Graduate Institute of Medicine - 2018 to date

Assistant Editor Sri Lanka Journal of Child Health - 2018 to date

Assistant Editor Sri Lanka Journal of Medicine - 2018 to date

Council Member of the Sri Lanka College of Paediatricians 2019, 2020

Joint Secretary Sri Lanka College of Paediatricians – 2017 and 2018

Congress Secretary 21<sup>st</sup> Annual Congress of the Sri Lanka College of Paediatricians – 2018

Editor of Sri Lanka Journal of Medicine – 2015 to 2017

Secretary of Peradeniya Medical School Alumni Association - 2012 to 2014

Congress Secretary PeMSAA International Jubilee Congress - 2012

Reviewer for the Sri Lanka Journal of Child Health – 2018 to date

Reviewer for the Sri Lanka Journal of Medicine - 2014 to date

## **OTHER AFFILIATIONS IN THE UNIVERSITY**

---

Member of the Student Affairs Committee since 2013

Member of the Faculty Peer Review Committee since 2014

Council member of the Center for Tropical Medicine since 2012

Member of the Higher Degrees Committee since 2019

Member of the Faculty Quality Assurance Cell and the Self-Evaluation Report writing team

## **PUBLICATIONS**

---

M Raja, G Sellathurai, U Karunadasa, A Wimal Siri, **H Jayaweera**, A Abeyagunawardena (2019), Observation of variation in growth in children of ginnoruwa – an established chronic kidney disease of unknown origin (CKDU) hotspot [abstract]. Archives of Disease in Childhood, 104, pp. A123-A124.

Thalgahagoda, R.S., **Jayaweera, A.H.H.M.**, Abeyagunawardena, S., Karunadasa, U.I. and Abeyagunawardena, A.S., (2019) Disseminated tuberculosis following immunosuppressive therapy for nephrotic syndrome. Sri Lanka Journal of Child Health, 48(1), pp.77–79.

R.S. Thalgahagoda, **A.H.H.M. Jayaweera**, Y.A. Illangasekera, A.S. Abeyagunawardena. (2019) The effect of alternate-day corticosteroids on linear growth in childhood nephrotic syndrome. Asia Pacific

Abeyagunawardena, A., Thalgahagoda, R., **Jayaweera, A.** and Karunadasa, U. (2018) Therapies for steroid-sensitive nephrotic syndrome. *Asian Journal of Pediatric Nephrology*, 1(2), pp.56.

**Jayaweera, H.** (2017). Headache in children—a dilemma for parents and practitioners. *Sri Lanka Journal of Medicine*, 26(2) pp.1–3.

Thalgahagoda, S., Karunadasa, U., Kudagammana, S., Abeyagunawardena, S., **Jayaweera, H.** and Abeyagunawardena, A. (2017) Long-term tapering regimen of prednisolone for the initial episode of nephrotic syndrome. *Sri Lanka Journal of Child Health*, 46(4), pp.331-336.

Abeyagunawardena, S., **Jayaweera, A.H.H.M.**, Thalgahagoda, R.S., Karunadasa, U.I. and Abeyagunawardena, A.S. (2017) Intravenous pulsed vs oral cyclophosphamide therapy in steroid dependent nephrotic syndrome. *Sri Lanka Journal of Child Health*, 46(4), pp.317-321.

Dharmawardane, H., Abeyagunawardena, S., Karunadasa, U.I., **Jayaweera, A.H.H.M.** and Abeyagunawardena, A.S., (2017) Efficacy and safety of long-term levamisole therapy in maintaining remission in steroid dependent nephrotic syndrome. *Sri Lanka Journal of Child Health*, 46(4), pp.357-361.

Abeyagunawardena, A.S., Karunadasa, U., **Jayaweera, H.**, Thalgahagoda, S., Tennakoon, S. and Abeyagunawardena, S. (2017) Efficacy of higher-dose levamisole in maintaining remission in steroid-dependant nephrotic syndrome. *Pediatric Nephrology*, 32(8), pp.1363-1367.

**Jayaweera, H.** (2017) What we do now we can do better. *Sri Lanka Journal of Medicine*, 25(2), pp.1-2.

Thalgahagoda R, **Jayaweera A**, Abeyagunawardena S, Karunadasa U, Abeyagunawardena A. (2017) Slow Infusion Vs Bolus Injection of Frusemide in Treating Oedema in Nephrotic Syndrome: A Randomised Controlled Trial. *International Journal of Scientific Progress and Research (IJSPR)*, 33(92), pp.7-9.

Thalgahagoda R, Abeyagunawardena S, **Jayaweera A**, Kudagammana S, Karunadasa U, Abeyagunawardena A. (2017) Intravenous Pulsed Cyclophosphamide versus Intravenous Vincristine Therapy in Steroid Dependent Nephrotic Syndrome: A Randomised Controlled Trial. *International Journal of Scientific Progress and Research (IJSPR)* ; 33(92), pp.10-12.

Thalgahagoda, S., Abeyagunawardena, S., **Jayaweera, H.**, Karunadasa, U.I. and Abeyagunawardena, A.S. (2017) Pulsed Vincristine Therapy in Steroid-Resistant Nephrotic Syndrome. *BioMed Research International*, 2017, pp. 1-4.

Sinnarajah, K., Dayasiri, M.B.K.C., Dissanayake, N.D.W., Kudagammana, S.T. and **Jayaweera, A.H.H.M.** (2016) Rabson Mendenhall Syndrome caused by a novel missense mutation. *International journal of pediatric endocrinology*, 2016(1), pp.21.

Abeyagunawardena, A., Dharmawardane, H., **Jayaweera, H.** and Abeyagunawardena, S. (2016) Safety profile of long-term levamisole therapy in maintaining remission in steroid dependent nephrotic syndrome. *Pediatric Nephrology*, 31(10) pp. 1849-1849.

**Jayaweera, H.** (2016) Nutrition of the growing child-It is our call. Sri Lanka Journal of Medicine, 24(2), pp.1-2.

Dayasiri, M.B.K.C., Kudagammana, S.T., **Jayaweera, H.**, Krishnapradeep, S. and Kasthuriarachchi, S. (2016) Koche-Debre-Semelaigne syndrome: Hypothyroid muscular pseudohypertrophy following athyreosis. Sri Lanka Journal of Child Health, 45(2), pp.123–126.

Dayasiri, M.K.C., Kudagammana, S.T., **Jayaweera, H.**, Krishnapradeep, S. and Kasthuriarachchi, S. (2016) Hereditary ectodermal dysplasia with hypohydrosis: A report of two female siblings with autosomal recessive type inheritance. Sri Lanka Journal of Child Health, 45(3), pp.2018-220.

**AHMM Jayaweera, AS** Abeyagunawardena (2012) Effectiveness and Safety of Cyclosporin A therapy in Steroid Dependent nephritic Syndrome in Childhood. Sri Lanka Journal of Child health, 41(4), pp. 176-179

de Alwis, A., de Silva, R., Gunawardena, S., Weerasuriya, D. and **Jayaweera, A.** (2009). A case of hyper-IgE syndrome. Ceylon Medical Journal, 51(4), pp.149–151.

Gunasekera, T., Karunathilake, D., Wickramasinghe, E. and **Jayaweera, A.H.H.M.** (2008). A rare presentation of tuberculous osteomyelitis in childhood. Sri Lanka Journal of Child Health, 37(2), pp.61–62.

## **CONTRIBUTION AS A RESOURCE PERSON**

---

Peradeniya Medical School Alumni Association – November 2019

Uva Clinical Society – July 2019

Undergraduate Immunology Curriculum Development workshop - July 2019

Central Province Private Medical Practitioners Association – June 2019

Batticaloa Medical Association – June 2019

College of General Practitioners of Sri Lanka –March 2019

Anuradhapura Clinical Society – January 2019

PeMSAA 14<sup>th</sup> International Medical Congress - December 2018

Ruhunu Clinical Society – August 2018

Kurunegala Medical Association – June 2018

Batticaloa Medical Association – May 2018

Post Graduate Institute of Medicine: Workshop on communication skills - May 2018

Sri Lanka College of Paediatricians - April 2018

Sri Lanka College of Paediatricians – March 2018

Hill Country Clinical Society – January 2018

Faculty of Medicine Workshop on Academic Mentoring – December 2017

Post Graduate Institute of Medicine: Workshop on communication skills - May 2017

12<sup>th</sup> International Course on Infectious Diseases and Global Health - January 2017

PeMSAA 13<sup>th</sup> International Medical Congress - January 2017

Post Graduate Institute of Medicine: Workshop on communication skills – February / July 2016

Kurunegala Clinical Society – November 2015

Sri Lanka College of Paediatricians - July 2015

*(Majority of these presentations were part of the regional scientific sessions conducted by the Sri Lanka College of Paediatricians covering most parts of Sri Lanka. My presentations in a majority of them have been case based discussions related to optimizing growth through appropriate interventions.)*

## **PROFESSIONAL AFFILIATIONS**

---

Life member of Sri Lanka College of Paediatricians

Life member of Sri Lanka Medical Council

Life member of Peradeniya Medical Faculty Alumni Association

Life member of the Kandy society of Medicine

Life member of The Sri Lanka Forum of Medical Editors