

# RHEUMATOLOGY

## GUIDELINES & OBJECTIVES

At the end of the appointment, the student should be able to

1. Take a complete and relevant history from a patient with a rheumatological complaint
2. Examine the musculo-skeletal system, elicit physical signs and interpret the findings
3. Recognize and diagnose common and important rheumatological diseases
4. Discuss the drug treatment of common and important rheumatological diseases and recognize the adverse effects of such treatment
5. Explain the aetiology, pathology, clinical features, management, and prevention of common and important rheumatological diseases
6. List the indications for special investigations in rheumatological practice (viz.), describe the procedure (including the collection of test material where relevant), and interpret the results
7. Describe special treatment procedures in rheumatological practice (viz, infrared, microwave, short wave, ultrasound, physiotherapy, nerve-muscle stimulation, traction, appliances) and the indications for such procedures
8. Recognize, understand and appreciate social, psychological and related problems affecting rheumatological patients and their families
9. Understand the organization and functioning of the rheumatological services in the hospital and understand the indications and the mode of referral of patients for dermatological opinion
10. Understand the principles of rehabilitation

**The above objectives are achieved by**

- a. Seeing patients and maintaining case records
- b. Attending clinical classes and discussions
- c. Observing physiotherapeutic and rehabilitation procedures
- d. Reading lecture notes and textbooks on clinical methods and general medicine