

Teaching Program in Obstetrics and Gynaecology

First appointment:

Topic	Areas to cover	Skills and Attitudes component
Introduction to Obstetrics and Gynaecology	History taking and examination in obstetrics and Gynaecology (should learn to highlight details which are relevant for a particular patient)	Most of these are covered in introductory clinical appointment. Ways of handling female patients Confidentiality Privacy Presence of Chaperone, Taking a scientific history which will aid in making a clinical diagnosis Clinical examination in obstetrics and Gynaecology Vaginal and speculum examination skills Problem lists Forensic genital examination
Menstrual cycle and its abnormalities	Normal menstrual cycle Common abnormalities in various stages of life Oligomenorrhoea and PCOS Dysmenorrhoea Premenstrual syndrome Abnormal uterine bleeding	Appropriate history taking with emphasis on aetiological factors Activity :Clinical lecture format development
Infertility	History taking from male and female Basic investigations of an infertile couple	Examination of male and female partners How to order investigations rationally Interpretation of test results Counseling an infertile couple
Early pregnancy complications	Miscarriage Ectopic pregnancy H mole Septic abortions Minor complications in pregnancy	Counseling following miscarriage/ectopic

	Abdominal pain in pregnancy	
Contraception and sterilization	Natural methods- (inadvsability of) Modern methods Unmet needs of contraception Contraceptive failure	IUCD insertion Techniques of usage Counseling a new client about contraception methods
Female genital prolapse	Aetiology Clinical presentations Management options	Techniques of examination
Urinary incontinence in female	True incontinence and urethral incontinence Aetiology Treatment options	Assessment of patients for management of incontinence
Uterine tumours	Fibroids Endometrial CA	Examination of pelvic mass
Ovarian Tumours	Benign cysts Malignant cysts	
Cervical cancers	Cervical CA Screening for cervical cancer Prevention	Pap smear technique
Benign conditions of cervix	Ectropian Cervical polyps	
Physiology of pregnancy	Physiological changes in pregnancy	
Preconceptional care	Why it is needed? Screening Identification of risk factors and management vaccination	Premarital and prepregnancy Counseling
Antenatal care	Why women need to attend antenatal clinics? Early antenatal care Routine care Screening and Identification of risk factors	Field care and institutional care ECV
Postnatal care	Breast feeding Contraception Screening for postpartum depression/psychosis	Immediate postpartum care Discharge from hospital
Care of newborn	Neonatal care Neonatal resuscitation Neonatal examination	May be necessary to cover in paediatric appointment as well
Fetal surveillance in antenatal period and in labour		
Malpresentations malpositions	Risks associated with malpresentations and	Identifaction of malpresentations and

	malpositions Management issues	malpositions
Management of labour	Diagnosis Care during labour Analgesia in labour Induction and augmentation of labour Monitoring in labour Precipitate labour Slow labour progress Identification of genital tract injuries	Practical skills in vaginal assessment of a laboring woman Delivery skills Perineal repair Practical skills of monitoring and caring a woman in labour Mechanism of labour to demonstrate in a model Maintaining of Partogram and its interpretation Intrapartum CTG interpretation
Multiple Pregnancy	Causes Value of early ultrasound-scanning Late ultrasound	Delivery of the second of twin
Obstetric emergencies	PPH APH Shoulder dystocia Eclampsia Collapsed patient Cord prolapse Fetal distress Uterine inversion	Practice drill of an emergency scenario
Assisted vaginal delivery	Vacuum Foceps Failed instrumental delivery	Basic principles Conditions to satisfy prior to application Demonstration of application in a dummy
Caesarean delivery	Indications Pre and post op management Complications arising of	How to obtain consent and to explain the procedure
Maternal and perinatal mortality and morbidity	Definitions Reporting and investigation procedure Common causes Prevention Near miss concept National and international comparison Audit	Attendance at perinatal meetings Application of decisions made in perinatal meetings

Ethics in obstetrics and gynaecology	Sexual and reproductive rights*	
Pre operative and post operative care i		<p>Monitoring of post surgical patients</p> <p>Writing of operative notes and diagnosis cards</p> <p>Interpretation of histological findings</p> <p>Identification and usage of surgical instruments and pathological specimens</p>