

1ST SURGICAL APPOINTMENT – 6 WEEKS

CLINICAL SKILLS

1. Reinforce the skills acquired in the Introductory Appointment
2. Examination of the Abdomen and Abdominal lumps in the non acute situation
3. Groin examination and examination of genitalia
4. Special reference to herniae and scrotal lumps
5. Introduction to per rectal examination
6. Introduction to the assessment of soft tissue infections
7. Introduction to the examination of an acute abdomen
8. Introduction to the assessment of shock
9. Lumps – examination (reinforce)
10. Ulcer – examination (reinforce)

THEORETICAL KNOWLEDGE WITH PRACTICAL EXPOSURE

1. Operation theatre discipline and asepsis
2. Management of soft tissue wounds
3. Management of soft tissue infections
4. Intestinal obstructions
5. Acute abdomen, peritonitis localized and generalized and appendicitis.
6. The (principles & Introduction to the) diagnosis and management of malignancies
7. Thyroid disease – an introduction
8. Urinary problems – stones , infections and obstructions
9. Herniae and their treatment
10. The rational use of antibiotics

PRACTICAL SKILLS

1. Dressing of a wound
2. Bandaging
3. Splintage
4. Moving an ill patient
5. Proping up a patient
6. Setting up an Oxygen delivery system
7. Scrubbing & gowning

TO BE FAMILIAR WITH THE FOLLOWING CLINICAL PRESENTATIONS

1. Acute abdominal pain & the acute abdomen
2. Dysphagia
3. Chronic abdominal pain
4. Alteration of bowel habits & rectal bleeding.
5. Haematemesis & malaena
6. Loss of weight & loss of appetite
7. Neck lump, breast lump.
8. Lower urinary tract symptoms & haematuria
9. Back ache
10. Limb pain
11. Jaundice

2ND SURGICAL APPOINTMENTS – 6 WEEKS

CLINICAL SKILLS

1. Reinforce those acquired in the introductory and 1st surgical appointment
2. Assessment of Fractures – open and closed
3. Assessment of the injured patients – head, abdomen, chest
4. Assessment of the peripheral circulation
5. Assessment of shock & sepsis
6. Abdominal lump

THEORETICAL KNOWLEDGE WITH PRACTICAL EXPOSURE

1. Reinforce those acquired in the 1st surgical appointment
2. Appendicitis, cholecystitis, pancreatitis
3. Carcinoma oesophagus, colon, stomach and breast
(The principles and basis of diagnosis and management)
4. Peptic ulcer
5. Introduction to the diagnosis and management of congenital abnormalities
6. The importance of co-morbid states like diabetes, immune deficiency, ischaemic heart disease in surgical practice
7. Peripheral vascular disease
8. Principles of management of the septic patient
9. Introduction to burns

PRACTICAL SKILLS

1. In addition to those in the 1st appointment
2. IM Injection
3. Drawing of blood from a vein
4. Passing an N.G. tube
5. Introducing a urinary catheter
6. Scrubbing and gowning up
7. Setting up an IV delivery system (other than inserting the canula)

8. Keeping and airway patient in the ward situation
9. Enema

TO BE FAMILIAR WITH THE FOLLOWING CLINICAL PRESENTATIONS

1. Acute abdominal pain & the acute abdomen
2. Dysphagia
3. Chronic abdominal pain
4. Alteration of bowel habits & rectal bleeding.
5. Haematemesis & malaena
6. Loss of weight & loss of appetite
7. Neck lump, breast lump.
8. Lower urinary tract symptoms & haematuria
9. Back ache
10. Limb pain
11. Jaundice