

## Drugs in Endocrine Diseases

**Duration: 4 weeks (20 days)**

Topic/ Concept	Objectives	Time (h) lecture	T/L activity	Dept.	Comments
	<b>Student should be able to,</b>				
<b>3/SBM-05/1 ECF volume</b>	<ol style="list-style-type: none"> <li>1. Correlate clinical conditions leading to formation of oedema, in relation to:               <ol style="list-style-type: none"> <li>a. Abnormal leakage of fluid from the capillaries</li> <li>b. Failure in return of fluid from capillaries</li> </ol> </li> <li>2. Describe the effects of adding solutions, in different tonicity, to the ECF</li> <li>3. Describe the mechanisms involved in controlling ECF (Dehydration and Loss of blood or plasma )</li> <li>4. Recall the compensatory mechanism in hypovolaemic shock</li> <li>5. Describe the effects of hypovolaemic shock and grade hypovolaemic shock in relation to body responses</li> </ol>	1	Lecture	Medicine	Prof. UI agreed this lecture should be done by Medicine Department
<b>i) Volume regulation in oedematous conditions</b>					
<b>3/SBM-05/2 Electrolyte imbalance</b>	<ol style="list-style-type: none"> <li>1. Recall the mechanisms involved in the transport of electrolytes in- between the fluid compartments.</li> <li>2. Correlate Potassium, Sodium and Calcium</li> <li>3. homeostasis in relation to clinical problems</li> </ol>	1	Lecture	Anaesthesia	Department of Anaesthesiology will do this lecture for medicine
<b>3/SBM-05/3 Acidosis and alkalosis</b>	<ol style="list-style-type: none"> <li>1. Recall the principles of Acid base balance</li> <li>2. Relate metabolic derangements with acid base disorders</li> <li>3. Describe how compensatory mechanisms function in these disorders</li> </ol>	1	Lecture	Anaesthesia	
<b>3/SBM-05/4 Measurement of pCO<sub>2</sub>, pH, Std HCO<sub>3</sub>, base deficit</b>	<ol style="list-style-type: none"> <li>1. Recall acid base disorders with biochemical parameters</li> <li>2. Interpret arterial blood gas analysis results in relation to acid base disorders</li> <li>3. Explain the anion gap and its clinical importance</li> </ol>	1	Lecture	Anaesthesia	Will be doing after revising the objectives
<b>3/SBM-05/5 Types and basis of clinical uses of diuretics</b>	<ol style="list-style-type: none"> <li>1. Classify diuretics on the basis of mechanism of action and efficacy</li> <li>2. Describe the mechanism of action, pharmacokinetics, adverse effects and clinical uses of diuretics</li> </ol>	1	Lecture	Pharmacology	

<b>3/SBM-05/6</b> <b>Control of body temperature and actions of antipyretics</b>	<ol style="list-style-type: none"> <li>1. Recall the mechanisms involved in the pathogenesis of fever</li> <li>2. List the drugs used as antipyretics</li> <li>3. Describe the mechanism of action,</li> <li>4. pharmacokinetics and adverse effects of antipyretic drugs</li> </ol>	1	Lecture	Pharmacology	
<b>3/SBM-05/7</b> <b>Enzymatic defects and receptor abnormalities Incl. signal transduction related to endocrine diseases</b>	<ol style="list-style-type: none"> <li>1. Recall the role of receptors and signal transduction in endocrine function</li> <li>2. Describe how hormone resistance develops</li> <li>3. Describe how abnormalities in receptors and signal transduction result in endocrine disorders</li> <li>4. Describe how enzyme defects result in endocrine disorders</li> </ol>	1	Lecture	Biochemistry	
<b>3/SBM-05/8</b> <b>Thyroxine and antithyroid drugs</b>	<ol style="list-style-type: none"> <li>1. Recall the steps in the synthesis and secretion of thyroid hormones</li> <li>2. Recall the physiological effects of thyroid hormones</li> <li>3. Describe the pharmacokinetics of thyroxine</li> <li>4. Explain the principles underlying replacement therapy and suppressive therapy with thyroxine</li> <li>5. Describe the mechanism of action, pharmacokinetics and adverse effects of antithyroid drugs</li> </ol>	1	Lecture	Pharmacology	
<b>3/SBM-05/9</b> <b>Antidiabetic drugs</b>	<ol style="list-style-type: none"> <li>1. Recall the mechanism of insulin secretion and its regulation <ul style="list-style-type: none"> <li>b. List the classes of antidiabetic drugs</li> <li>c. Describe the mechanism of action, pharmacokinetics, adverse effects of antidiabetic drugs</li> </ul> </li> <li>2. List the different types / formulations of insulins and state their duration of action</li> <li>3. Describe the principles underlying the manufacture and storage of insulins</li> <li>4. Explain the principles underlying the use of antidiabetic drugs during acute metabolic complications such as ketoacidosis, pregnancy, severe illness and surgery</li> </ol>	1+1+2 (4h)	2-hr sessions & 2hrs for tutorial	Pharmacology	

<b>3/SBM-05/10</b> <b>Glucocorticoid and Mineralocorticoid drugs</b>	<ol style="list-style-type: none"> <li>1. Recall the physiological effects of adrenocortical steroids</li> <li>2. Describe the anti-inflammatory and immunosuppressive effects of glucocorticoids</li> <li>3. Compare the relative potency, glucocorticoid / mineralocorticoid activity and duration of action of commonly available steroid drugs</li> <li>4. List the clinical uses and adverse effects of glucocorticoid drugs</li> <li>5. Explain the principles underlying replacement therapy in adrenocortical insufficiency</li> <li>6. Describe the precautions that can be taken to minimize the adverse effects of long-term steroid therapy</li> </ol>	1	Lecture	Pharmacology	
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### **Pharmacology - I (Year 3 – Semester 1)**

#### **Module Summary**

	Lectures (hrs)	PD (hrs)	Staff Seminar (hrs)	Museum class (hrs)	Tutorial (hrs)	Total (hrs)
Pharmacology	20		2		2	22
Medicine	1					3
Radiology						
Pathology						
Anaesthesia	5					5
Biochemistry	1					1
<b>Total</b>	<b>27</b>		<b>2</b>		<b>2</b>	<b>31</b>

#### **Names and the departments of the teachers involved in the teaching programme**

##### **Dept. of Biochemistry**

Prof. R. Sivakanesan

##### **Dept. of Pharmacology**

Dr U Dangahadeniya

##### **Dept. of Medicine**

Prof. N. Senanayake

Dr. C. Jayasinghe

Dr. I.B. Gawarammana

Dr T Jayalath

Dr A Medagama

**Dept. of Anaesthesiology**

Prof. C.D.A. Goonasekera

Dr. V Pinto

**Radiology**

Dr. B. Hewavithana

**Dept. of Paediatrics**

Prof. C.K. Abeysekera

Dr R Mudiyanse

**NMU**

Dr. L. Watawana

Dr D K K Nanayakkara

**Examination Format - Year 3 Semester 1**

<b>Module</b>	<b>Credits</b>	<b>MCQ</b>	<b>Essay</b>	<b>Viva</b>
Pharmacology 6 I	2.0	1 hr 20 MCQ (Covering drug treatment in Respiratory, Cardiovascular, Musculo Skeletal and Endorine diseases)	1 hr 2 Essays (Two systems alternating each year)	-

