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කොළඹ විශ්වවිද්‍යාලය

உண்ணாட்டு மருத்துவக் கல்வி நிறுவகம்  
கொழும்புப் பல்கலைக்கழகம்

Institute of Indigenous Medicine  
University of Colombo



රාජගිරිය, ශ්‍රී ලංකාව  
රාජගිරිය\*, இலங்கை  
Rajagiriya, Sri Lanka  
දුරකථන අංක } +94 112694308  
Telephone No: } +94 112692385



05.05.2014

Deans/Med / Vet / Sci / Agri / Arts

The Vice- Chancellor,  
University of Peradeniya,  
Peradeniya.

Dear Sir,

E-NB  
include the  
flier

Pls circulate  
Vice - Chancellor  
University of Peradeniya  
Peradeniya  
Sri Lanka

**CALL FOR PAPERS – 1<sup>ST</sup> NATIONAL SYMPOSIUM ON SRI LANKAN TRADITIONAL MEDICINE -2014**

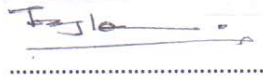
1<sup>st</sup> National Symposium on Sri Lankan Traditional Medicine-2014 will be held on 28<sup>th</sup> and 28<sup>th</sup> June 2014. These Sessions are intended to be a forum to enable academics and researchers both within and outside the Institute of Indigenous Medicine to present and discuss their research and work in progress in arrange of disciplines and get feedback from colleagues and peers.

The Committee is pleased to invite a academics, researchers, medical officers, traditional physicians and medical students to submit their research findings in the form of extended abstracts to be presented at the Sessions. Guidelines for submission, format for abstracts and the brochure, all these details could be obtained from the IIM website, [www.iim.cmb.ac.lk](http://www.iim.cmb.ac.lk) / [www.iimnssltn2014](http://www.iimnssltn2014).

I would appreciate it if you could circulate this letter and attached posters among your academics, medical officers, traditional physicians, friends and colleagues.

Thank you.

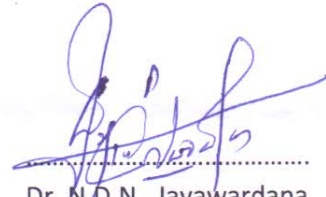
Sincerely,



Dr. M.W.S.J. Kumari  
Director/Acting  
Institute of Indigenous Medicine  
University of Colombo  
Rajagiriya



Dr. A.G. Samarawikrama  
Chief Organizer  
0714422381



Dr. N.D.N. Jayawardana  
Organizing Secretary  
0714447600

Director

2861399

2697175

Fax: 2697175

E-mail: [director@iim.cmb.ac.lk](mailto:director@iim.cmb.ac.lk)

Deputy Registrar

2697772

Fax: 2697772

Deputy Bursar

2689153

Fax: 2689153

Senior Assistant Registrar

5679709

Assistant Registrar

2687063



## Venue

### Inauguration and Scientific Sessions

Institute of Indigenous Medicine  
University of Colombo, Rajagiriya

## Important Dates to Remember

**Call for Abstracts:** Now open

**Abstract Submission Deadline:**

01st June 2014

**Extended abstract submission Deadline:**

10th June 2014

**Deadline for Early Bird Registration:**

10th June 2014

**Deadline for Late Registration:**

25th June 2014

**Medium** - Sinhala / English

## Registration

Registration can be done by sending the duly filled registration form along with the registration fee made in favour of Director, Institute of Indigenous Medicine, University of Colombo, Rajagiriya, to the People's Bank, Account number 078100172268458

## Registration Fees

National Delegates	Early bird up to 10 <sup>th</sup> June 2014	Late up to 25 <sup>th</sup> June 2014
Academics and Medical officers	SLR 2000	SLR 3000
Students	SLR 1000	SLR 1500

## Registration Form

Name: Prof./ Dr. /Mr. /Ms.

.....

Designation/Profession:.....

Affiliation:.....

Date of Birth: ..... Sex: M/F

Address:.....

.....

Email:.....

Fax:.....

Mobile:.....

Academic Qualifications:

.....

Research field/ Theme:

.....

Title of the Abstract / Full Paper:

.....

.....

.....

Registration

DD/ Cheque No.....

Dt ...../ 2014

Amount .....

Date .....

Place .....

.....  
(Signature)

## Contact Persons

**Chief Organizer:** Dr. A.G. Samarawickrama

**Mobile Phone:** + 94714422381

**Organizing Secretary:** Dr. N.D.N. Jayawardhane

**Mobile Phone:** + 94714447609

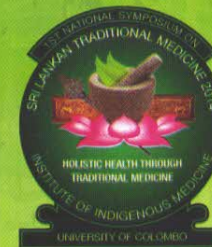
**E-mail:** nssltm2014@gmail.com

**Office Tel:** + 94112692385

For submission of papers and further information please visit; [www.iimnssltm2014.com](http://www.iimnssltm2014.com)

# 1<sup>ST</sup> NATIONAL SYMPOSIUM ON SRI LANKAN TRADITIONAL MEDICINE 2014

28 - 29 June 2014



## Holistic Health through Traditional Medicine



Institute of Indigenous Medicine  
University of Colombo  
Rajagiriya, Sri Lanka.





### **Dear Colleagues and Professionals,**

We extend a cordial invitation to participate in the "1st National Symposium on Sri Lankan Traditional Medicine-2014" organized by the Institute of Indigenous Medicine (IIM), University of Colombo on 28th and 29th June 2014.

The aim of the symposium will encourage Academicians, Medical officers, young researchers, and students to collaborate with Traditional practitioners in multi-disciplinary fields who practice Indigenous medicine. It will also provide a venue for participants to openly discuss and learn more about the issues faced by traditional medical field and explore solutions.

### **Institute of Indigenous Medicine (IIM)**

IIM is the premier Higher Educational Institute in Sri Lanka for undergraduate and postgraduate study and research in Ayurveda, Unani, and Indigenous medicine. IIM was founded as "College of Ayurveda" and subsequently upgraded and affiliated to the University of Colombo in the year 1977 as the Institute of Indigenous Medicine.

IIM produces Medical professionals to meet the challenging needs of primary health care, general health care problems, health promotions and disease prevention.

The Vision of the Institute of Indigenous Medicine is to be the centre of excellence in the field of Ayurveda, Unani, Traditional Medicine and of Allied sciences in training, education, clinical, and research in Sri Lanka and beyond at its best.

The Mission of the Ayurveda Section is to produce competent Ayurvedic graduates who can provide a better service to achieve the highest standards of health by creating a disease free society by promoting, preventing, preserving and treating the sick while delivering primary health care services in strict accordance with the guidelines, strategies and methodologies of Ayurveda, Traditional and Allied systems of medicine.

### **Sri Lankan Indigenous Medicine**

The Sri Lankan Indigenous medical system is as ancient as the civilization of the Island itself. This is called Deshiya chikitsa, which is the Indigenous medical system of Sri Lanka.

Sri Lanka developed its own medical system based on unique traditions and pedigrees known as Veda parampara. The ancient Kings, who were also prominent physicians, sustained the survival of Sri Lankan medical system.

The history of our medical system goes back far as Emperor Ravana, who lived nearly 5000 years ago. He was a great scholar in Traditional medicine and wrote many books such as Arka Prakashaya and Kumara Tantraya. King Buddhadasa (398 AD), one of the most influential Kings who were physicians wrote Sarartha samgrahaya, which is used even today for reference. the ruins of the first hospital in the world can be found in Mihintale, Sri Lanka.

### **Themes**

The main theme of the symposium is **Holistic health through Traditional Medicine.**

### **The Symposium focuses on,**

- Clinical experience of specialized Traditional practitioners
- Understanding health promoting and disease preventing therapies of Traditional medicine
- Improving the quality of life and prevention of Non Communicable Diseases (NCD)
- Traditional herbal formulas, Traditional Authentic text books and ola leaves
- Status and application of the standard terminology in Traditional Sri Lankan medicine
- Clinical experiences in practices of Traditional veterinary (පඤ්ච වෛද්‍යකම) and plant (වෘක්ෂ වෛද්‍යකම) medicine
- Traditional Healing through Yathu karma and chanting mantras
- Traditional foods and beverages

### **Instruction for Submitting Abstracts and Full Papers**

The organizers of the National Symposium invite submission of scientific abstracts and full papers for oral presentation or poster presentation. Abstracts and the full paper in any of the above themes of the symposium should be data oriented reflecting major findings of the paper. The theme should be mentioned at the top. The abstract should contain no more than 250 words in IMRAD format and is to be typed in MS word, Times New Roman or FM Abhaya, Font 12 and space 1.5 through email as an attachment should reach the organizers [www.iimnssltn2014.com](http://www.iimnssltn2014.com) It is preferred that abstracts be submitted in electronic format.





# 1<sup>ST</sup> NATIONAL SYMPOSIUM ON SRI LANKAN TRADITIONAL MEDICINE 2014

Institute of Indigenous Medicine  
University of Colombo  
Rajagiriya, Sri Lanka  
28 - 29 June 2014



IIM proudly announce the 1<sup>st</sup> NSSTM 2014 in commemoration of the 85<sup>th</sup> anniversary of **Institute of Indigenous Medicine, University of Colombo** to be held at university premises.

The Department of Desheeya Chikitsa, Institute of Indigenous Medicine, University of Colombo, with IIM staff members with the patronage of Chairperson of University Grant Commission, Vice Chancellor of University of Colombo, and Director of IIM sincerely invite our colleagues and friends of Traditional Sri Lankan medicine to come to this grand event, to celebrate the growth and development of Traditional Sri Lankan medicine.



This is a great opportunity, to converse and share your experiences in developing Traditional Sri Lankan medicine in your area, your achievements, education, clinical practice, and research projects, etc., and to discuss and plan future strategies together for propelling Traditional Sri Lankan medicine into mainstream health care in Sri Lanka.

**"Looking forward to meet you there!"**

## "Holistic Health through Traditional Medicine"

The aim of the symposium will encourage Academicians, Medical officers, young researchers, and students to collaborate with Traditional practitioners in multi disciplinary fields who practice Indigenous medicine. It will also provide a venue for participants to openly discuss and learn more about the issues faced by traditional medical field and explore solutions.

### Call for papers

The organizers of the National Symposium invite submission of original scientific abstracts for oral presentation or poster presentation under following themes;

- Clinical experience of specialized Traditional practitioners
- Understanding health promoting and disease preventing therapies of Traditional medicine
- Improving the quality of life and prevention of Non Communicable Diseases (NCD)
- Traditional herbal formulas, Traditional Authentic text books and ola leaves
- Status and application of the standard terminology in Traditional Sri Lankan medicine
- Clinical experiences in practices of Traditional veterinary (පැල වෛද්‍ය) and plant (වෘක්ෂ වෛද්‍ය) medicine
- Traditional Healing through Yathu karma and chanting mantras
- Traditional foods and beverages



### Venue

**Inauguration (28<sup>th</sup> June 2014)**

**Scientific Sessions (28<sup>th</sup> & 29<sup>th</sup> June 2014)**

Institute of Indigenous Medicine  
University of Colombo, Rajagiriya

### Important Dates to Remember

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### Contact persons

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**Organizing Secretary:** Dr. N.D.N. Jayawardhane

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**E-mail:** nssltm2014@gmail.com

**Office Tel:** +94 112 692385

**Medium - Sinhala / English**



For submission of papers and further information please visit; [www.iimnssltm2014.com](http://www.iimnssltm2014.com)