**GP Appointment**

**Objectives**

1. Understand the function of the GP appointment.
2. Understand the organization aspect of the GP unit (infrastructure, staffing, record keeping etc.)
3. Exposure to common health problems at the GP practice
4. Gain insight of; communication skills, referral system, disease prevention.

Tasks to complete

1. Discussion with the GP trainer regarding the organizational aspects ,services provided and the limitations
2. Shadow the GP trainer
3. Understand the procedures carried out at the GP station

**1. Shadowing a doctor**

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| **Competency learnt-mark “√”** | **Professionalism** | | |  | |  | |  | |  | |  | |
| **Disease prevention** | | |  | |  | |  | |  | |  | |
| **Health promotion** | | |  | |  | |  | |  | |  | |
| **First contact care** | | |  | |  | |  | |  | |  | |
| **Communication** | | |  | |  | |  | |  | |  | |
| **Treatment** | | | |  | |  | |  | |  | |  | |
| **Clinical problem** | | | | **1.** | | **2.** | | **3.** | | **4.** | | **5.** | |
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| **6.** | | **7.** | **8.** | | **9.** | | **10.** | | **11.** | | **12.** | |

**2. Organizational aspect**

|  |  |
| --- | --- |
| **Category** | **Comment** |
| Infrastructure |  |
| Staff |  |
| Record keeping |  |
| Dispensing |  |
| Other |  |
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**3. Procedures carried out at the GP station**

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| **Procedures** | **Witnessed** | **Performed** |
| Measuring the blood pressure |  |  |
| Measurement of BMI and waist circumference |  |  |
| Examine the ear using an otoscope |  |  |
| Measurement of peak expiratory flow rate |  |  |
| Demonstrate inhaler technique |  |  |
| Blood sugar measurement by glucometer |  |  |
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General practitioner