

2017/18 Batch
Therapeutics in Pharmacology SGD

Date
21.10.2022 (Friday)

Time
2.30 p.m. – 3.30 p.m.

Groups

Venue

Lecturer

All

West Lecture Theatre

Dr. C.L. Dandeniya

2017/18 Batch
Therapeutics in Pharmacology
21.10.2022 – 2.30 p.m. – 3.30 p.m.
Rheumatology
Dr. C.L.Dandeniya

A 24-year-old lady presents with bilateral symmetrical swelling of small joints of the hands with early morning stiffness lasting for more than 1 hour for the last 2 months. Her ESR is 45mm/1st hour and the rheumatoid factor level is 128 IU/mL (<8). She is diagnosed to have rheumatoid arthritis.

She has hypothyroidism and is on thyroxine 100 micrograms mane. She is recently married and is not contraceptives. However she has no plans to start a family for the time being. It is decided to start this patient on Disease Modifying Anti-Rheumatoid Drugs (DMARDs).

1. What is/are the medications you would consider in this patient in the short term and long term?
2. What factors would you consider in choosing a suitable DMARD for this patient?
3. How would you counsel this patient with regard to each of the DMARDs?
4. How would you arrange monitoring of this patient while on DMARDs?