

2024/2025 Batch Year 1 Semester 1 Final Time Table

Week 1

Time	Day 1 Monday 03.11.2025	Day 2 Tuesday 04.11.2025	Wednesday 05.11.2025	Day 3 Thursday 06.11.2025	Day 4 Friday 07.11.2025
8.00-9.00	Biomolecules 1: Water and Carbohydrates Biochemistry Lecture Dr. SPRPP	Biomolecules 2: Amino Acids and Proteins Biochemistry Lecture Dr. SPRPP	Holiday	Introduction to Anatomy & Dissections Anatomy Lecture Dr KD	Connective tissues Anatomy Lecture Dr CR
9.00-10.00	Biochemistry Reading time 1	Biochemistry Reading time 2		Multicellular organism and cell Anatomy Lecture Dr. JD	Human skeleton Anatomy Lecture Dr. JJ
10.00-10.15	TEA BREAK				
10.15-11.15	Introduction to the Physiology curriculum Lecture Head/Physiology	Biomolecules 3: Lipids and Nucleic acids Biochemistry Lecture Dr. AWDTA	Holiday	Microscopy Anatomy Lecture Dr. JD	Introduction to muscular system & Muscle structure Anatomy Lecture Dr.CR
11.15-12.15	Homeostasis Physiology Lecture Prof. PD	Biochemistry Reading time 3		Epithelia and glands Anatomy Lecture Dr. HA	Introduction to Upper limb Anatomy Lecture Dr WK
12.15-1.15					
1.15-2.15	IAM Introduction Lecture Dr. KD	Reading Time	Holiday	Microscopy and cell Histology Practical Group 1-5 Dr JD & all Anatomy staff	Microscopy and cell Histology Practical Group 6-10 Dr JJ & all Anatomy staff
2.15-3.15	Reading Time			Anatomy Reading Time	Anatomy Reading Time
3.15-4.15					

2024/2025 Batch Year 1 Semester 1 Final Time Table

Week 2

Time	Day 05 Monday 10.11.2025		Day 06 Tuesday 11.11.2025		Day 07 Wednesday 12.11.2025	Day 08 Thursday 13.11.2025	Day 09 Friday 14.11.2025
8.00-9.00	Enzymes Biochemistry Lecture Prof. HKIP		Regulation of Enzyme Activity Biochemistry Lecture Prof. HKIP		Membrane transport and ion channels Physiology Lecture Dr. DN	Introduction to Dissections Anatomy Lecture Dr KD	Introduction to Nervous System, typical spinal nerve, dermatomes, myotomes, UL dermatomes and cutaneous innervation Anatomy lecture Dr WK
9.00-10.00			Cell and Plasma Membrane Biochemistry Lecture Prof. CNRAA			Introduction to Dissections Anatomy Dissection (Whole Batch) Dr KD & all Anatomy staff	
10.00-10.15	TEA BREAK						
10.15-11.15	Body Composition Physiology Lecture Prof. PD		Minerals I Biochemistry Lecture Dr. AWDTA		Physiology Reading Time	Introduction to Dissections Anatomy Dissection Whole Batch Dr KD & all Anatomy staff	Shoulder, pectoral region, Axilla and brachial plexus Anatomy lecture Prof. SBA
11.15-12.15	Physiology Reading Time		Biochemistry Reading time 4				
12.15-1.15	LUNCH BREAK						
1.15-2.15	Orientation to the Laboratory, Lab Safety and Instrument Handling Biochemistry PD Dr. SPRPP & all Biochemistry staff (Gr. 11-20)	Physiology Reading Time	Orientation to the Laboratory, Lab Safety and Instrument Handling Biochemistry PD Dr. SPRPP & all Biochemistry staff (Gr. 1-10)	Physiology Reading Time	Reading Time	Microscopy and cell Histology Practical Group 16-20 Dr KD & all Anatomy staff	Microscopy and cell Histology Practical Group 11-15 Dr CR & all Anatomy staff
2.15-3.15							
3.15-4.15						Anatomy Reading Time	Anatomy Reading Time

2024/2025 Batch Year 1 Semester 1 Final Time Table

Week 3

Time	Day 10 Monday 17.11.2025		Day 11 Tuesday 18.11.2025		Day 12 Wednesday 19.11.2025	Day 13 Thursday 20.11.2025		Day 14 Friday 21.11.2025	
8.00-9.00	Fat-soluble Vitamins Biochemistry Lecture Dr. HRLM		Biochemistry Reading time 5		Physiology reading time	Epithelia, glands and Connective tissue Histology practical Group 6-10 Dr JD, KD & HA	Introduction to dissections Group 1-5 Prof. SBA, Dr. CR, JJ, WK	Epithelia, glands and Connective tissue Histology practical Group 16-20 Dr KD, JD & CR	Introduction to dissections Dr. HA, JJ, WK & Prof. SBA Group 6-10
9.00-10.00			Minerals II Biochemistry Lecture Dr. AWDTA		RMP & AP Physiology Lecture II Prof.VSW				
10.00-10.15	TEA BREAK								
10.15-11.15	RMP & AP Physiology Lecture I Prof.VSW		Enzymes Biochemistry SGD 1 Prof. HKIP & all Biochemistry staff		Physiology Reading Time	Epithelia, glands and Connective tissue Histology practical Group 11-15 Dr. JD, WK and JJ	Introduction to dissections Group 16-20 Dr. CR, KD, HA and Prof SBA	Epithelia, glands and Connective tissue Histology practical Group 1-5 Dr JJ, WK, Prof. SBA	Introduction to dissections Dr. KD, JD, CR & HA Group 11-15
11.15-12.15	Physiology Reading time								
12.15-1.15	LUNCH BREAK								
1.15-2.15	Cell and Biomolecules Biochemistry PD Dr. AWDTA & all Biochemistry staff (Gr. 11-20)	Body composition /Osmotic fragility Physiology PD Prof. PD & Physiology (Gr. 1 -10)	Cell and Biomolecules Biochemistry PD Dr. AWDTA & all Biochemistry staff (Gr. 1-10)	Body composition /Osmotic fragility Physiology PD Prof. PD & Physiology (Gr. 11 -20)	Meet your Mentor	Human Skeleton and Osteology of Upper Limbs Gross Anatomy Practical Dr JJ & all Anatomy staff		Superficial veins and cutaneous innervations Anatomy Dissection Whole Batch Dr. JD & all Anatomy staff	
2.15-3.15					SGBVC Programme				
3.15-4.15									

2024/2025 Batch Year 1 Semester 1 Final Timetable

Week 4

Time	Day 15 Monday 24.11.2025		Day 16 Tuesday 25.11.2025		Day 17 Wednesday 26.11.2025	Day 18 Thursday 27.11.2025	Day 19 Friday 28.11.2025
8.00-9.00	Water-soluble Vitamins Biochemistry Lecture Dr. HRLM		Introduction to Energy for the Cell and Glycolysis Biochemistry Lecture Prof. HKIP		Physiology reading time	Anatomy Reading Time	Anatomy Reading Time
9.00-10.00			TCA Cycle Biochemistry Lecture Prof. HKIP		Contraction & relaxation of Muscle Physiology Lecture I Prof. VSW		
10.00-10.15	TEA BREAK						
10.15-11.15	Synaptic transmission Physiology Lecture Prof. VSW		Vitamins and Minerals Biochemistry SGD 2 Dr. HRLM & all Biochemistry staff		Contraction & relaxation of Muscle Physiology Lecture II Prof. VSW	Anatomy Reading Time	Anatomy Reading Time
11.15-12.15	Neuromuscular junction Physiology Lecture Prof. PD				Physiology Reading Time		
12.15-1.15	LUNCH BREAK						
1.15-2.15	Enzyme Activity and Energy Metabolism Biochemistry PD	Physiology Reading Time	Enzyme Activity and Energy Metabolism Biochemistry PD	Physiology Reading Time	PPD & English	Anatomy Reading Time	Anatomy Reading Time
2.15-3.15	Prof. HKIP & all Biochemistry staff (Gr. 1-10)		Prof. HKIP & all Biochemistry staff (Gr. 11-20)				
3.15-4.15							

2024/2025 Batch Year 1 Semester 1 Final Timetable

Week 5

Time	Day 18 Monday 29.12.2025		Day 19 Tuesday 30.12.2025		Day 20 Wednesday 31.12.2025		Day 21 Thursday 01.01.2026		Day 22 Friday 02.01.2026	
8.00-9.00	Biochemistry Reading Time 6		Electron Transport Chain Biochemistry Lecture Prof. CNRAA		Composition of Blood Physiology Lecture Dr. SR		Bone and cartilage histology Anatomy Lecture Dr HA		Arm, cubital fossa & Forearm Anatomy lecture Dr WK	
9.00-10.00	Glycogen Metabolism Biochemistry Lecture Dr. AWDTA		Metabolism of Amino Acids Biochemistry Lecture Dr. AWDTA				Classification of Joints Anatomy Lecture Dr HA			
10.00-10.15	TEA BREAK									
10.15-11.15	Changes in muscle mass to meet the functional demand Physiology Lecture Dr. DN		Biochemistry Reading time 7		Physiology Reading time		Bone, cartilage and muscle Histology Practical Group 6-10 Dr HA, KD & Prof. SBA	Anatomy Dissections Dr. CR,JD, WK & Dr. JJ	Bone, cartilage and muscle Histology Practical Group 16-20 Dr WK, HA & JD	Anatomy Dissections Dr KD, CR, JJ & Prof. SBA
11.15-12.15			HMP Shunt, and Metabolism of Fructose and Galactose Biochemistry Lecture Dr. SPRPP							
12.15-1.15	LUNCH BREAK									
1.15-2.15	Biochemistry Reading Time	Physiology Reading Time	Biochemistry Reading Time	Physiology Reading Time	PPD & English		Bone, cartilage and muscle Histology Practical Group 11-15 Dr JD, KD & JJ	Anatomy Dissections Prof. SBA, Dr. HA & CR	Bone, cartilage and muscle Histology Practical Group 1-5 Dr JJ, KD & HA	Anatomy Dissections Dr CR, WK, JD & Prof. SBA
2.15-3.15										
3.15-4.15									Anatomy Reading Time	

2024/2025 Batch Year 1 Semester 1 Final Timetable

Week 6

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2024/2025 Batch Year 1 Semester 1 Final Timetable

Week 7

Time	Day 28 Monday 12.01.2026		Day 29 Tuesday 13.01.2026		Day 30 Wednesday 14.01.2026		Thursday 15.01.2026	Day 31 Friday 16.01.2026	
8.00-9.00	Metabolism of Fat, Ketone Bodies and Cholesterol II Biochemistry Lecture Prof. CNRAA		Integration of Metabolism Biochemistry Lecture Dr. SPRPP		Regulation of body temperature Physiology Lecture Prof. SDIN		Holiday	Arm(anterior) and cubital fossa Anatomy Dissections Elbow joint Whole Batch prosections/images Dr. HA & all Anatomy Staff	
9.00-10.00	Biochemistry Reading time 11								
10.00-10.15	TEA BREAK								
10.15-11.15	Introduction to thermoregulation Physiology Lecture Prof. SDIN		Biochemistry Reading time 12		Bleeding/ haemostatic disorders Physiology Lecture Prof. PD		Holiday	Arm(anterior) and cubital fossa Anatomy Dissections Elbow joint Whole Batch prosections/images Dr. JD & all Anatomy staff	
11.15-12.15	Physiology Reading time		Tissue-specific Metabolism Biochemistry Lecture Dr. AWDTA						
12.15-1.15	LUNCH BREAK								
1.15-2.15	Biochemistry Reading Time	Composition of blood Physiology PD	Biochemistry Reading Time	Composition of blood Physiology PD	PPD & English		Holiday	Forearm flexor compartment Anatomy Dissections Whole Batch Dr WK & all Anatomy staff	
2.15-3.15		Dr. DN &All Physiology Staff (Gr. 11-20)		Dr. DN &All Physiology Staff (Gr. 1-10)					
3.15-4.15									

2024/2025 Batch Year 1 Semester 1 Final Timetable

Week 8

Time	Day 32 Monday 19.01.2026		Day 33 Tuesday 20.01.2026		Day 34 Wednesday 21.01.2026	Day 35 Thursday 22.01.2026	Day 36 Friday 23.01.2026
8.00-9.00	Biochemistry Reading time 13		DNA Replication Biochemistry Lecture Dr. SPRPP		Physiology Reading Time	Forearm flexor compartment Anatomy Dissections Whole Batch Dr. KD & all Anatomy staff	Extensor compartment of Forearm and dorsum of the hand Anatomy Dissections Wrist joint prosections/images Whole Batch Dr JD & all Anatomy staff
9.00-10.00	Metabolism of Purines and Pyrimidines Biochemistry Lecture Dr. AWDTA		Biochemistry Reading time 14				
10.00-10.15			TEA BREAK				
10.15-11.15	Blood groups & Transfusions Physiology Lecture Dr. DN		Bioenergetics and Metabolism Biochemistry SGD 3 Dr. AWDTA & all Biochemistry staff		Blood Physiology SGD Prof. PD and all Physiology staff	Anatomy Reading time	Overview of Upper Limb Anatomy Lecture Prof SBA
11.15-12.15	Physiology Reading time					Introduction to imaging Radiology lecture Prof SR	
12.15-1.15			LUNCH BREAK				
1.15-2.15	Biochemistry Reading Time	Haemostasis Physiology PD	Biochemistry Reading Time	Haemostasis Physiology PD	PPD & English	Palm of Hand Anatomy Dissections/Prosections Whole Batch Dr KD & all Anatomy staff	Forearm extensor compartment and dorsum of the hand Anatomy Dissections Wrist joint prosections/images Whole Batch Dr WK & all Anatomy staff
2.15-3.15		Prof AK & Physiology staff (Gr. 1-10)		Prof AK & Physiology staff (Gr. 11-20)			

2024/2025 Batch Year 1 Semester 1 Final Timetable

Week 9

Time	Day 37 Monday 26.01.2026		Day 38 Tuesday 27.01.2026		Day 39 Wednesday 28.01.2026	Day 40 Thursday 29.01.2026	Day 41 Friday 30.01.2026
8.00-9.00	RNA Synthesis (Transcription) Biochemistry Lecture Prof. CNRAA		Regulation of Gene Expression Biochemistry Lecture Dr. SPRPP		Autonomic Nervous system Physiology Lecture Prof. SDIN	Clinical correlations of upper limb Clinical Anatomy lecture Orthopedic surgeon	Cell Cycle & division Anatomy Lecture Dr WK
9.00-10.00	Protein Synthesis (Translation) Biochemistry Lecture Prof. CNRAA		Biochemistry Reading time 15			Upper limb Tutorial Dr. HA	
10.00-10.15	TEA BREAK						
10.15-11.15	Overview of the immune system Physiology lecture Dr. SR		Cell Cycle Biochemistry Lecture Prof. HKIP		Physiology Reading time	Introduction to lower limb Anatomy lecture Dr JJ	Superficial veins and cutaneous innervations of lower limb Anatomy dissections (Whole Batch) Dr. HA & all Anatomy staff
11.15-12.15	Physiology Reading time		Biochemistry Reading time 16			Thigh and gluteal region Anatomy lecture Dr KD	
12.15-1.15	LUNCH BREAK						
1.15-2.15	Biochemistry Reading Time	Measurement of body temperature Physiology PD Prof SDIN & all Physiology Staff (Gr. 1-10)	Biochemistry Reading Time	Measurement of body temperature Physiology PD Prof SDIN &all Physiology Staff (Gr. 11-20)	PPD & English	Osteology and surface anatomy of the lower limb and pelvic girdle Anatomy dissections (Whole Batch) Dr. JD & all Anatomy staff	Anterior and medial compartments of the thigh Anatomy dissections (Whole Batch) Dr. JJ & all Anatomy staff
2.15-3.15							
3.15-4.15							

2024/2025 Batch Year 1 Semester 1 Final Timetable

Week 10

Time	Day 42 Monday 02.02.2026		Day 43 Tuesday 03.02.2026		04.02.2026 Wednesday	Day 44 Thursday 05.02.2026	Day 45 Friday 06.02.2026
8.00-9.00	Biochemistry Reading time 17		Biochemistry Reading time 19		Holiday	Embryology Lecture III&IV Anatomy Lecture KD	Gluteal Region Anatomy dissections Hip joint Prosections/images (Whole Batch) Dr. CR & all Anatomy staff
9.00-10.00	Biochemistry Reading time 18		Biochemistry Reading time 20				
10.00-10.15	TEA BREAK						
10.15-11.15	Physiology Reading Time		Genetic Information Biochemistry SGD 4 Dr. SPRPP & all Biochemistry staff		Holiday	Genetics Lecture I & II Anatomy Lecture Dr. JD	Gluteal Region Anatomy dissections Hip joint prosections/images (Whole Batch) Dr. WK and all Anatomy staff
11.15-12.15							
12.15-1.15	LUNCH BREAK						
1.15-2.15	Biochemistry Reading Time	Physiology Reading Time	Biochemistry Reading Time	Physiology Reading Time	Holiday	Anterior and medial compartments of the thigh Anatomy dissections (Whole Batch) Dr. JJ & all Anatomy staff	Anatomy ReadingTime
2.15-3.15							
3.15-4.15							

2024/2025 Batch Year 1 Semester 1 DRAFT Timetable

Week 11

Time	Day 46 Monday 09.02.2026	Day 47 Tuesday 10.02.2026	Day 48 Wednesday 11.02.2026	Day 49 Thursday 12.02.2026	Day 50 Friday 13.02.2026
8.00-9.00	Knee joint and leg Anatomy lecture Prof SBA	Reading Time	Genetics III & IV– Chromosome Anatomy Lecture Dr. JD	Pedigree construction Anatomy Lecture Dr. JD	Hospital Visit 2 (Group 1-10)
9.00-10.00	Anatomy reading time			Inheritance Lecture 1 Anatomy Lecture Dr. JD	
10.00-10.15	LUNCH BREAK				
10.15-11.15	Reading Time	Hospital visit 1 (Group 11-20)	Anatomy of Foot Anatomy Lecture Dr. JJ	Inheritance Lecture 2 Anatomy Lecture Dr. JD	Hospital Visit2 (Group 11-20)
11.15-12.15			Anatomy reading time	Blood supply and lymph drainage of the limbs Anatomy Lecture Prof SBA	
12.15-1.15	LUNCH BREAK				
1.15-2.15	Posterior compartment of thigh and popliteal fossa Anatomy dissections knee joint prosections/images (Whole Batch) Dr. JD & all Anatomy staff	Hospital visit1 (Group 1-10)	IAM	Posterior compartment of leg Anatomy dissections (Whole Batch) Dr KD & all Anatomy staff	IAM CCR 2
2.15-3.15			CCR 1		
3.15-4.15					

2024/2025 Batch Year 1 Semester 1 DRAFT Timetable

Week 12

Time	Day 51 Monday 16.02.2026	Day 52 Tuesday 17.02.2026	Day 53 Wednesday 18.02.2026	Day 54 Thursday 19.02.2026	20.02.2026 Friday
8.00-9.00	Pedigree Practical Dr. JD (Lecture Theatre)	Clinical correlations of the lower limbs Anatomy Lecture Orthopedic surgeon	Overview of the Lower Limb Anatomy Lecture Prof SBA	Radiological Anatomy of Limbs Radiology lecture	LEAVE
9.00-10.00		Human Evolution Anatomy Lecture Dr. JD		Anatomy reading time	
10.00-10.15	TEA BREAK				
10.15-11.15	Anterior compartment of leg and dorsum of foot/tarsal tunnel Anatomy dissections (Whole Batch) Dr JJ & all Anatomy staff	Sole of the foot Anatomy dissections Ankle joint, joints of the foot prosections/images (Whole Batch) Dr HA & all Anatomy staff	Gait Anatomy lecture Dr JD	Lower limb Tutorial Prof SBA & all Anatomy Staff	LEAVE
11.15-12.15			Structure functional relationship of hand and foot Anatomy Lecture Dr. JD		
12.15-1.15	LUNCH BREAK				
1.15-2.15	Anterior compartment of leg and dorsum of foot/tarsal tunnel Anatomy dissections (Whole Batch) Dr WK & all Anatomy staff	Sole of the foot Anatomy dissections Ankle joint, joints of the foot Prosections/images (Whole batch) Dr. JD & all Anatomy staff	Meet your mentor	Mock spot Dr. JJ & all Anatomy Staff	LEAVE
2.15-3.15			Reading Time		
3.15-4.15					

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Module & Module Co-ordinators

Venue for Lectures: Physiology Theater

MED 1101 - Foundation to Human Anatomy and Anatomy of Limbs Module - Dr. JK Dissanayake

MED 1102 - Foundation to Human Physiology - Prof. Padmini Dahanayake

MED 1103 - Biomolecules and Metabolism - Dr. SPRP Premathilake

MED 1104 - Personal and Professional Development Prof. C. Dalugama

MED 1105 - Integrated Applied Medicine 1A Module - Prof. V. Pinto

Name and the Department s of the teachers involved in the teaching programme:

Department of Anatomy

Dr. KD - Dr. Keerthie Dissanayake (Head)

Prof. SB – Prof. SB Adikari

Dr. JD - Dr. JK Dissanayake

Dr. HA – Dr. HA Amaratunga

Dr. WK - Dr. W Kosgallana

Dr. JJ - Dr. Jayamini Jayarathne

Dr. SJ - Dr. Sumudu Jayawardana

Dr. CR – Dr. Chiranthi Rajapaksha

Department of Physiology

Prof. PD -Prof. P Dahanayake (Head)

Prof. VSW – Prof. VS. Weerasinghe

Prof. SDIN - Prof. SDI Nanayakkara

Prof. AK - Prof. A. Kariyawasam

Dr. DN - Dr. Damsara Nandadeva

Dr. GSR- Dr. GS. Ranasinghe

Department of Biochemistry

Prof. CNNRAA - Prof. CNRA Alles (Head)

Prof. HKIP - Prof. HKI Perera

Dr. SPRPP - Dr. SPRP Premathilake

Dr. AWDTA - Dr. AWDT Ambagaspitiya

Dr. HRLM - Dr. HRL Maddumabandara

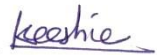
Department of Medicine

Prof. CD - Prof. C. Dalugama

Department of Anesthesiology

Prof. VP - Prof. V. Pinto

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Chairperson
Curriculum Coordinating Committee
Faculty of Medicine
University of Peradeniya

Chairperson / CCC

Prof. Keerthie Dissanayake

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