Introductory Clinical Appointment Faculty of Medicine Peradeniya

Examination of the lower limb

	What to do	What is expected	Not	Done with	Done
			done	mistakes	correct
1	Preparation – Tape, knee hammer, cotton, toothpick and tuning pork	Understand what is expected from you			
2	Introduce yourself to patient/mother, 'consent' for examination	Develop rapport with patient , mother			
3	General look at the patient while greeting and talking,	General understanding , dysmorphic features, mobility, urinary catheters			
4	Observe surrounding while talking to patient	Walking aids			
5	Examine the gait	Recognize antalgic gait, spastic gait, ataxic gait, hemiplegic gait and waddling gait. Observe for dyskinesia			
6	Assess active movements range of movements limitations and pain full conditions				
7	Assess passive movements				
8	Assess muscle power and tone	Grading of the muscle power			
9	Assess jerks knee jerk and ankle jerk				
10	Planter response				
11	Sensations				
12	Examine for bladder and bowel				
13					
14					
15	Examine the spine				