Introductory Clinical Appointment Faculty of Medicine Peradeniya

General Examination

	What to do	What is expected	Not done	Done with mistakes	Done correct
1	Know the details— Name, age, weight of the patient	Understand what is expected from you			
2	Introduce yourself to patient/mother, 'consent' for examination	Develop rapport with patient , mother			
3	General look at the patient while greeting him	Understand the general condition, severity of illness, dysmorphic features, level of development and intelligence, body proportions			
4	Talk to patient	Orientation, intelligence, communication, mood, higher functions			
5	Observe the surrounding,	Temperature charts, other gadgets inhalers spacers. Urine, stools, pulse oximeter, growth chart			
6	Examine the hand	Pallor, clubbing (grade), cyanosis, scratch marks, rashes, Osler nodes, dermatographism, deformities, widening of wrist			
7	Head and neck – scalp	Head size and deformities, hair distribution and color			
8	Eyes	Jaundice, Pallor, Cyanosis, hemorrhages, telengiectasia, cataract, conjunctivitis, dysmorphic features			
9	Ear	Size and shape, low set ears, any deformities			
10	Mouth / throat	Evidence of repair of Birth defects, tongue – smooth tongue, pallor, cyanosis, Polycythemia, dental caries, angular stomatitis			
11	Neck	Goiters, lymph nodes, scars sinuses			
12	Legs	Clubbing, soles, rickets, deformities, edema			
13	Skin	Skin lesions – pigmentations, rashes, defects			
14	Back	Sacral edema, spinal anomalies			
15	Terminate helping the patient to dress after thanking				